



Neighborhood in Focus:

West End



Hello Neighborhood Resident:

As part of PIER (Prevention, Intervention, Enforcement, and Re-Entry), the City's Comprehensive Crime Plan, we are focusing efforts on 15 neighborhoods – West End Neighborhood– is one of them. The following pages contain graphics focusing on health data to help move conversations away from emotion and ground them in facts. This “Neighborhood In Focus” also highlights health needs identified in the West End Neighborhood and available resources to help meet those needs.

Crime is influenced by many factors in the community. The Center for Disease Control has identified some aspects of crime -- such as violence -- as a public health concern. This calls for a public health response.

West End Neighborhood has a lot of positive attributes that have formed its history and will help us to provide the basis for an even better future. The City of St. Louis Department of Health (DOH) hopes will be able to use this “Neighborhood In Focus” guide for your neighborhood improvement discussions.

Let us know what you think.

Sincerely,



Melba R. Moore, MS, CPHA
Acting Director / Commissioner of Health

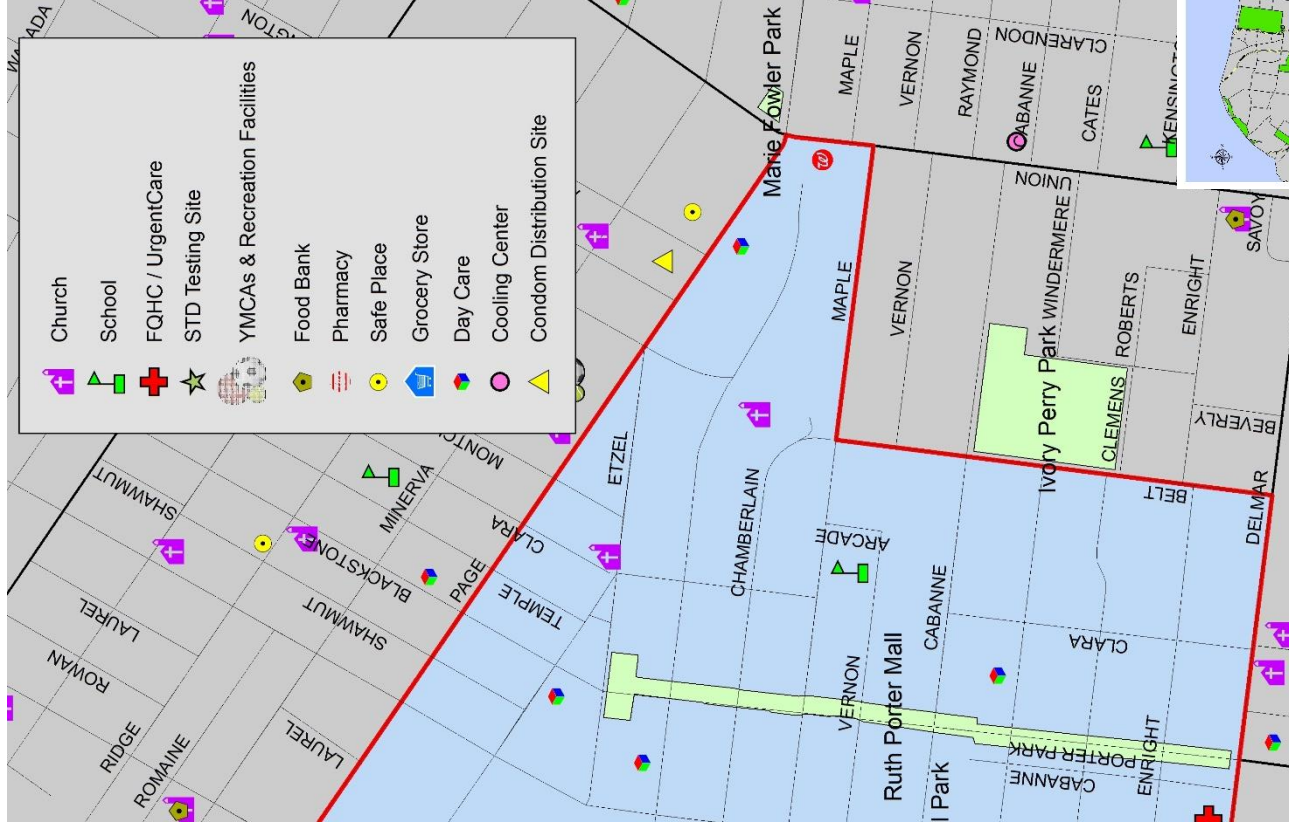


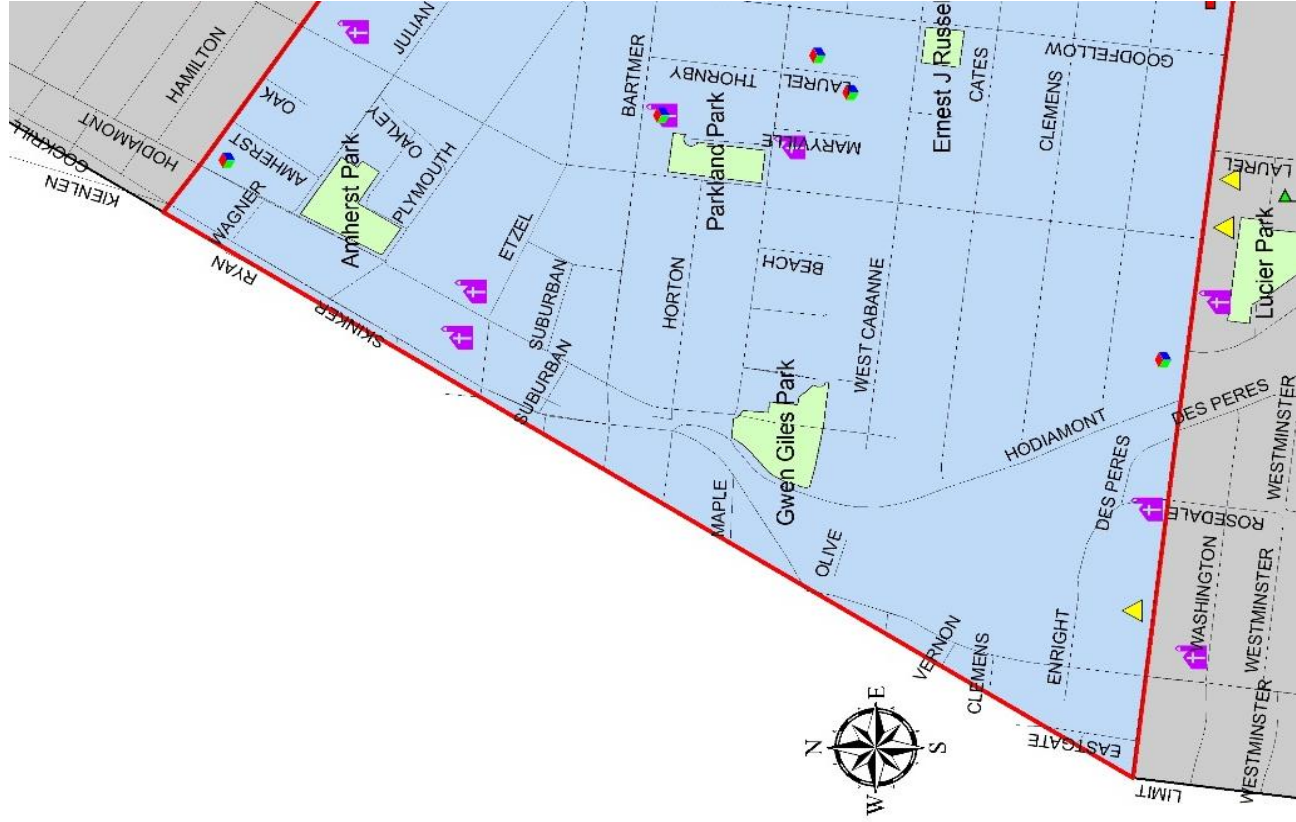
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Disclaimer: Information in this guide is meant to inform the public about health indicators in the community. Selection of data is limited to indicators available for abstraction by neighborhood level or zip code level. Neighborhood rankings are based on rates of respective indicator. Data sources include Centers for Disease Control (CDC), Census (2010), Missouri Department of Health and Senior Services (MDHSS), Behavioral Risk Factor Surveillance System (BRFSS), Missouri Department of Motor Vehicles (DMV), CityWorks, and Understanding Our Needs (UON) 2016.

Neighborhood Map: West End





A PUBLIC HEALTH PROBLEM

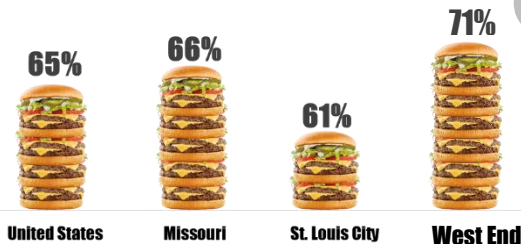
Access to nutritious food is a challenge: 55% of the City of St. Louis is considered a food desert.

About 1 in 5 Americans meet national physical activity guidelines.

Adult Americans spend a significant amount of their day at work, and many struggle to be physically active.

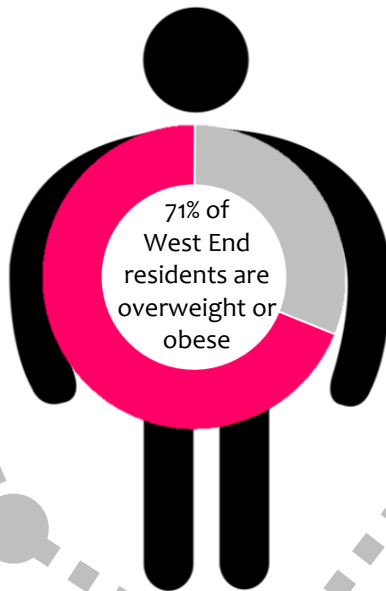
YOUR NEIGHBORHOOD

Overweight & Obesity Prevalence



Overweight & Obesity

IN THE CITY OF ST. LOUIS



Compared with 79 City of St. Louis neighborhoods, West End ranked 25th highest for overweight & obesity rates.

A PUBLIC HEALTH SOLUTION

Public health improves food safety and food choices. For tips on making better choices: check out Choose MyPlate.



Public health creates opportunities to be physically active. Check out Let's Move!



Create or enhance physical activity environments to be safe and pedestrian friendly. Check out the Sustainable Neighborhood toolkit.



Source: BRFSS, DMV (2014)

What the City of St. Louis Department of Health Can Do

Let's Move! is a comprehensive initiative, launched by the First Lady, dedicated to solving the problem of obesity within a generation, so that children born today will grow up healthier and able to pursue their dreams.

Jump N2 Shape is a regional health movement led by the DOH to promote weight loss and increase fitness among area residents.

Nutrition Services is a group of dietitians that provide current and reliable nutrition information.

What You Can Do



**DRINK LESS
SODA, MORE
WATER**



**CHOOSE
HEALTHY
CHOICES**



**INCREASE
ACTIVE
PLAY**

List of Resources

City of Saint Louis, Department of Health, Health Promotion Education & Marketing Division: Health Institute STL

1520 Market Street, Room 4045
St. Louis, MO 63103
Phone: (314) 657-1480

Jump N2 Shape: 314-657-1480

Email: info@jumpn2shape.com
www.facebook.com/JUMPN2Shape

Let's Move!
<http://www.letsmove.gov>

Choose MyPlate:
<http://www.choosemyplate.gov/>

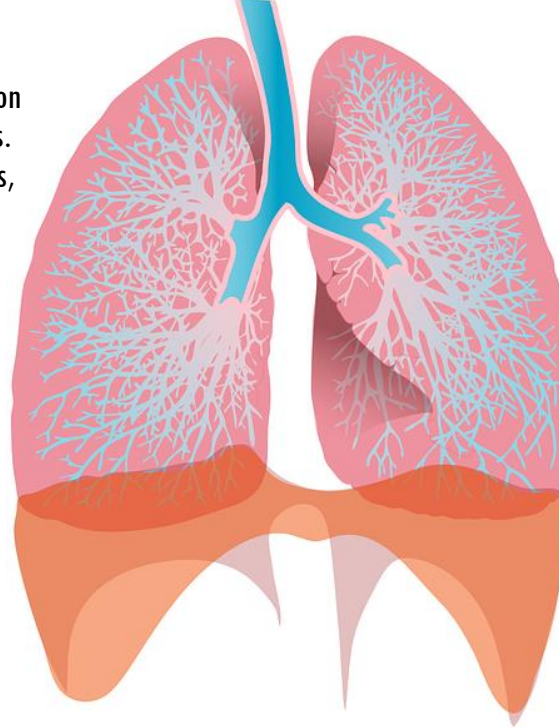
Sustainable Neighborhood Toolkit:
<http://sustainableneighborhood.net>

More information on other great programs can be found online:
<https://www.stlouis-mo.gov/government/departments/health/health-promotions/index.cfm>

THE IMPACT OF

Asthma

IN THE CITY OF ST. LOUIS



Asthma is a disease that affects your lungs. It is one of the most common long-term diseases for people of all ages. Asthma causes wheezing, breathlessness, chest tightness, and coughing at night or early in the morning.

Asthma Triggers



Environmental
Smoking
Animal dander
Dust & mold
Chemicals
Smoke
Pests and insects



Seasonal
Temperature changes
Pollen
Allergens



Physical stress
Strenuous activity
Illness

.8%

of adults in zip code 63112 visited the ER for asthma in 2013.

3.1%

of children (under 18) in zip code 63112 visited the ER for asthma in 2013.

In 2013, 1.3% of residents in zip code 63112 visited the ER for asthma.

In 2013, the zip code 63112 ranked 10th highest in asthma rates among 18 St. Louis City zip codes.



Did you know? 1 in 15 Americans suffers from asthma. Know your triggers!

What the City of St. Louis Department of Health Can Do

Asthma Friendly St. Louis helps kids manage their asthma.

Free services provided:

- Asthma education
- Resource Guide
- Home Assessment Workbook
- Home asthma trigger reduction assistance
- Bedding encasements
- Cleaning kits
- HEPA vacuum loan referrals
- Air filters
- Referral for asthma equipment

What You Can Do

Get an Asthma Home Assessment to identify triggers.

Visit a doctor regularly and frequently to discuss asthma symptoms and treatment.

Have a plan in place to monitor asthma triggers.

List of Resources

City of St. Louis
Department of Health
Asthma Friendly St. Louis
1520 Market St.
Room 4051
St. Louis, MO 63103
Phone: 314-657-1423
Fax: 314-612-5005

Visit us online:
asthmafriendlystlouis.org

THE PROBLEM



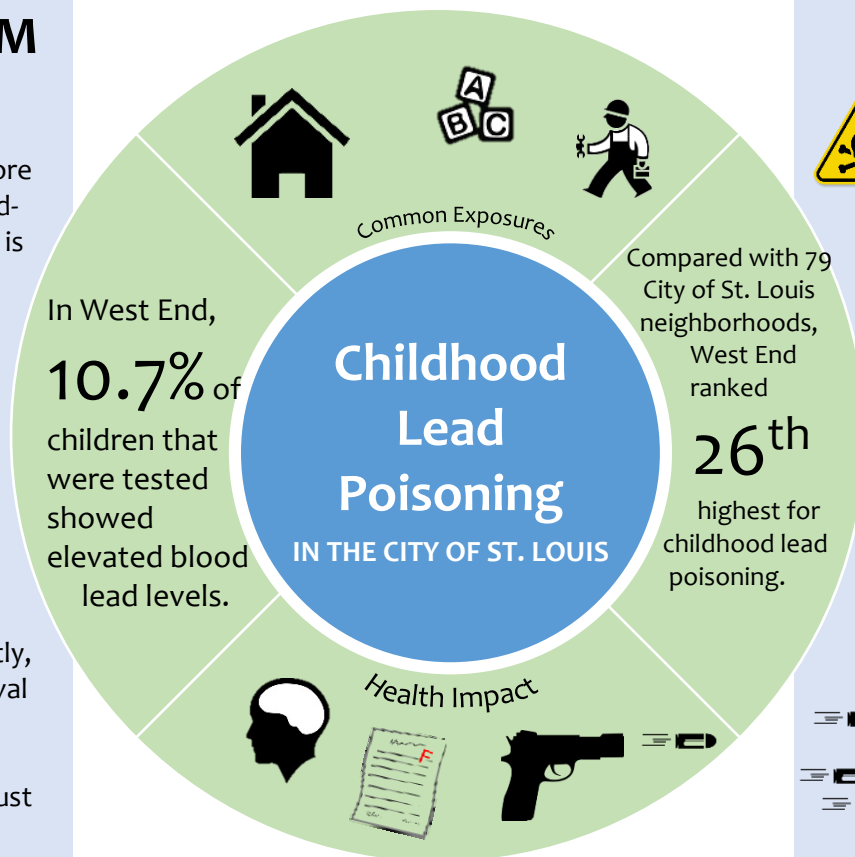
Many St. Louis homes built before 1978 contain lead-based paint that is deteriorating.



Small amounts of lead dust or chipped paint can be enough to cause lead poisoning.



If done incorrectly, lead paint removal can expose the lead and cause contaminated dust to be airborne.



THE IMPACT



Lead can be ingested, inhaled, or absorbed through the skin, causing lead poisoning.



Lead poisoning causes damage to the brain, causing learning disorders, and hearing problems.



Lead-exposed children may perform poorly in schools and tend to drop out.



A growing body of evidence in the social and medical sciences traces high crime rates to high rates of lead exposure.

What the City of St. Louis Department of Health Can Do

We offer free blood lead level testing for your child.

We provide education on nutrition and cleaning techniques that can reduce lead exposure.

We offer free water testing for your home's plumbing.

What You Can Do



Get tested.

Talk with your child's doctor about a simple blood lead test.



Check your home.

Talk with us about testing paint and dust in your home for lead.



Remove the threat.

Discard any items in the house that may contain lead.



Renovate safely.

Use contractors certified by the EPA to prevent hazardous lead dust.

List of Resources

Request a home inspection or water test by calling CSB: 314-622-4800

City of St. Louis
Department of Health
Maternal Child and Adolescent Health

1520 Market St.
Room 4051
St. Louis, MO 63103
Phone: 314-657-1456
Hours: 8:00 AM – 5:00 PM

Check out the website:
www.leadstestlouis.com



PUBLIC HEALTH IMPACT

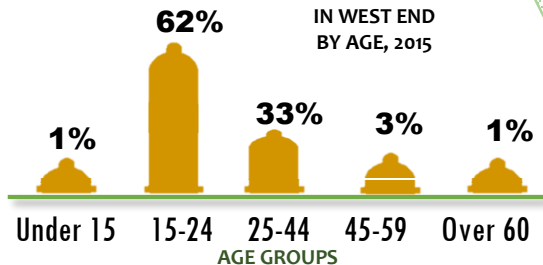
Chlamydia and Gonorrhea are the most commonly reported sexually transmitted Infections in the United States, Missouri and City of St. Louis.

Most people with STIs don't have symptoms.

**Know your STATUS.
Get checked!**

WHO IS AT RISK?

CHLAMYDIA AND
GONORRHEA
IN WEST END
BY AGE, 2015



CHLAMYDIA & GONORRHEA

STIs

IN THE CITY OF ST. LOUIS

Did you
KNOW?



In West End, 77% of residents testing positive for chlamydia were women.

91%

91% of residents in West End who tested positive for STIs were African American.



Young adults are at higher risk for STIs

YOUR NEIGHBORHOOD

Compared with 79 City of St. Louis neighborhoods, West End ranked:

- 20th highest for chlamydia rates
- 21st highest for gonorrhea rates

**Need a condom?
Need it NOW?
Find FREE condoms here!**

www.stlcondoms.com

What the City of St. Louis Department of Health Communicable Disease Bureau Can Do For You

We provide testing and referral services.

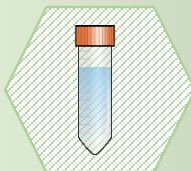
We do outreach using mobile testing methods.

We come to your area schools and youth programs and educate the community.

We use data to target our interventions.

We have on-going partnerships working to implement a comprehensive prevention plan.

What You Can Do



Get tested!



Use condoms properly and consistently.



Limit or eliminate drug and alcohol use before and during sex.



Reduce the number of sexual partners.

List of Resources

City of St. Louis Department of Health
Communicable Disease
1520 Market St.
Room 4027
St. Louis, MO 63103
Phone: 1-888-291-2437

Disease Intervention
Services: 314-612-5188

For HIV linkage to care:
1-844-546-5785

Education & Community
Planning: 314-612-5188

Medical Records:
314-657-1447

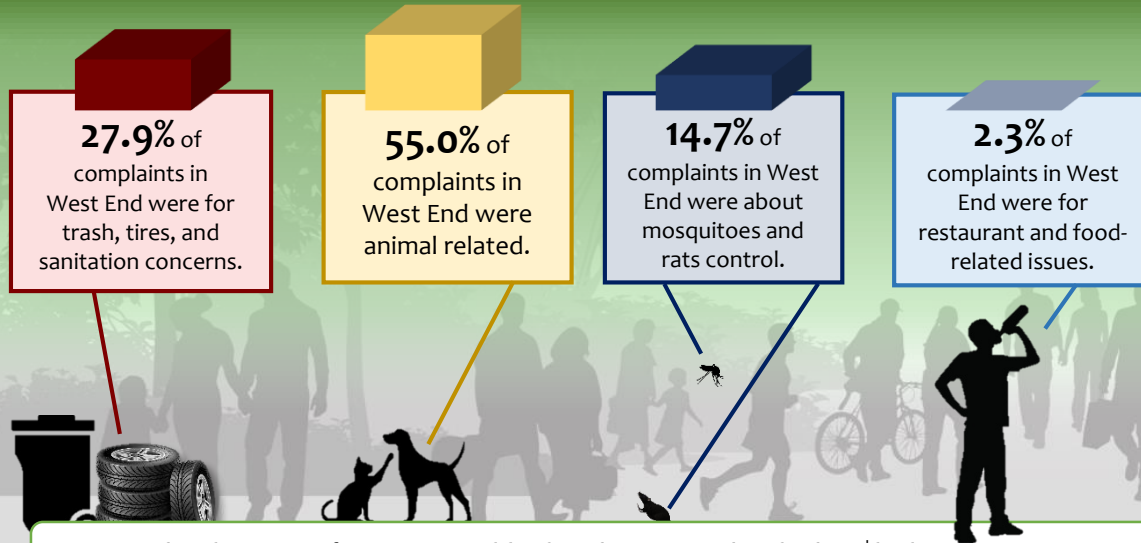
For TB info: 314-612-1400

HIV & Hepatitis Surveillance:
314-657-1501

St. Louis Regional HIV Health
Services Planning Council
<http://stlplanningcouncil.com>



ENVIRONMENTAL PUBLIC HEALTH COMPLAINTS IN YOUR NEIGHBORHOOD



ELEMENTS THAT AFFECT OUR HEALTH



sanitation of our surroundings



welfare of our animal companions



food that we eat



air that we breathe



presence of disease-carrying vectors

Compared with 79 City of St. Louis neighborhoods, West End ranked 43rd highest for environmental health complaints.



What the City of St. Louis Department of Health Bureau of Environmental Health Services Does for You



Community Sanitation strives to ensure a safe and sanitary environment



Animal Care & Control promotes the health and safety of residents and companion animals



Food & Beverage Control works to ensure a safe food supply



Air Pollution Control reviews asbestos abatement and demolition permits



Vector Control helps to decrease the number of mosquitoes and rats

■ What You Can Do

Call us about your concerns



Send complaints to CSB



Be involved in your neighborhood

We Care!

List of Resources

Citizens' Service Bureau (CSB)

Phone: 314-622-4800

Submit complaints online:

<https://www.stlouis-mo.gov/government/departments/public-safety/neighborhood-stabilization-office/citizens-service-bureau/csb-request-submit.cfm>

Tweet your complaint [@stlcsb](https://twitter.com/stlcsb)

City of St. Louis Dept. of Health
Bureau of Environmental Health
Services

520 Market St, Room 4051

St. Louis, MO 63103

Phone: 314-657-1539

Fax: 314-612-5367

THE PROBLEM

The St. Louis metropolitan area consistently has rates of violence far higher than most other places in the United States – ranking 9th in the nation for number of youth murdered with guns in 2012.

The health impact of CRIME IN THE CITY OF ST. LOUIS

Compared with 79 City of St. Louis neighborhoods, West End ranked:

- 41st highest for property crime rates
- 30th highest for violent crime rates
- 56th highest for drug-related crime rates

WEST END



57 in 1000
residents experienced burglary,
larceny, or vehicle theft.



25 in 1000 residents
were victims of a violent crime.



2 in 1000 crimes
reported involved drugs.



HEALTH IMPACT

Violence is a serious public health problem. It affects people in all stages of life. Those who survive violence suffer physical, mental, and or emotional health problems throughout the rest of their lives.

VIOLENCE

- Violence is the leading cause of injury, disability, and premature death.
- Youth violence is the 3rd leading cause of death for young people (15-24 years).
- It also affects the health of communities.



Decreases
property
values



Disrupts
social
services



Increases
healthcare
costs

What the City of St. Louis Can Do For You

The St. Louis Metropolitan Police Department provides:

- Free home security surveys
- Classes for businesses to teach employees how to prevent robbery and how to respond should a break-in occur
- Free Fraud Prevention seminars

Citizen Service Bureau handles many nuisance issues:

- accumulation of trash, weeds
- street maintenance
- traffic control signals and signs
- street lights
- requests for building and health inspections
- stray or vicious dogs

We can provide you and your neighborhood with tools to create a Neighborhood Ownership Plan.

What You Can Do



Check the security of your home and vehicle regularly.



TRUST YOUR INTUITION.
Be aware of your personal surroundings.



Join a Neighborhood Watch Program in your area.



Create or join a Neighborhood Ownership Plan to reduce crime (more info at 314-622-4941)



Check out http://www.slmpd.org/crime_prevention.shtml for more tips.

List of Resources

Emergency: 9-1-1

Non-Emergency
314-231-1212

Central Patrol Division
919 N. Jefferson Ave.
St. Louis, MO 63106
314-444-2500

Crime Stoppers
1-866-371-TIPS

Citizen Service Bureau
314-622-4800

For Home Security Surveys
or Robbery Prevention
Training Contact:
CrimePrevention@slmpd.org

Alderpersion

Jeffrey Boyd
Ward 22 Alderman
Phone: 314-622-3287
Fax: 314-622-4273

Lyda Krewson
Ward 28 Alderman
Phone: 314-622-3287
Fax: 314-622-4273

Frank Williamson
Ward 26 Alderman
Phone: 314-622-3287
Fax: 314-622-4273

Neighborhood Improvement Specialist (NIS)

Patricia Jackson
NIS for Ward 22
Phone: 314-657-1364
Fax: 314-613-3120

Brian Kolde
NIS for Ward 28
Phone: 314-657-1364
Fax: 314-613-3120

Jo Ann Rankins-Cannon
NIS for Ward 26
Phone: 314-657-1353
Fax: 314-613-3120

Citizens' Service Bureau

Address: 1520 Market St
Room 4087

Phone: 314-622-4800

Fax: 314-622-4310

Submit complaints online:

<https://www.stlouis-mo.gov/government/departments/public-safety/neighborhood-stabilization-office/citizens-service-bureau/csb-request-submit.cfm>

Tweet complaints: [@stlcsb](#)

St. Louis Metropolitan Police Department (SLMPD)

North Patrol Division

Address: 4014 Union

St. Louis, MO 63115

Emergency: 911

Non-Emergency: 314-231-1212

District Phone: 314-444-0001

City of St. Louis Department of Health



Address: 1520 Market St,
Room 4051
St. Louis, MO 63103
Main Phone: 314-612-5100
Main Fax: 314-612-5105
Hours: Mon-Fri, 8 AM – 5 PM

- Health Promotion, Education, & Marketing: 314-657-1480
- Maternal Child and Adolescent Health: 314-657-1456
- Environmental Health: 314-657-1539
- Communicable Disease: 314-657-1501



Find us on Facebook: <http://www.facebook.com/CityofSTLDOH>



Find us on Twitter: [@CityofSTLDOH](#)

City of St. Louis City Agencies

| | |
|--|--------------|
| Building Division | 314-622-3332 |
| Citizen Service Bureau | 314-622-4800 |
| City Emergency Management Agency | 314-444-5466 |
| Civil Rights Enforcement Agency | 314-622-3301 |
| Collector of Revenue | 314-622-3291 |
| Human Services | 314-612-5900 |
| St. Louis Area Agency on Aging (SLAAA) | 314-612-5918 |
| Veterans Affairs | 314-657-1656 |
| Office of Disabled | 314-622-3686 |

City of St. Louis City Agencies

| | |
|---|-------------------|
| Operation Brightside | 314-772-4646 |
| Parks, Recreation & Forestry | 314-289-5300 |
| Personnel | 314-622-4308 |
| Recorder of Deeds | 314-622-3260 |
| Vital Records Registrar | 314-622-4610 |
| Marriage License | 314-622-3257/4527 |
| Refuse Division | 314-647-3111 |
| St. Louis Agency on Training & Employment (SLATE) | 314-657-3500 |
| Street Department | 314-647-3111 |
| Water Division | 314-633-9000 |

Community Resources in Zip Code 63112

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Resources listed were obtained through 2-1-1 services and MDHSS. Inclusion of an external program, resource, or website does not imply endorsement by or represent the view of the City of St. Louis Department of Health. For a full listing of resources, call 2-1-1 or visit their website online at

<http://www.211.org/>

Job Resources

| STL Workforce Centers | Address | Phone Number | Zip Code |
|-----------------------|------------------|--------------|----------|
| The Met Center | 6347 Plymouth | 314-748-0713 | 63133 |
| Cherokee & Ohio | 2715 Cherokee | 314-778-4220 | 63118 |
| Prince Hall | 4411 N. Newstead | 314-875-9332 | 63115 |

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<http://www.211.org/>

Housing/Utility Resources for 63112

| Facility Name | Address | Phone Number | Zip Code |
|---|--------------------------|-----------------------|----------|
| Society of St. Vincent De Paul - St. Augustine | 1371 Hamilton | 314-289-6101 X1134 | 63112 |
| Society of St. Vincent De Paul - St. Roch | 6052 Waterman | 314-721-6340 | 63112 |
| Queen of Peace Center - St. Philippine Home | 1015 Good Fellow Blvd | 314-454-1012 | 63112 |
| Annie Malone Children and family Services Center - Emerson Academy | 5355 Page Blvd | 314-361-2222 X258 | 63112 |
| Lutheran Senior Services at Hylton Point Apartments | 5500 Maple Ave | 314-361-4111 | 63112 |
| Lutheran Senior Services at Hylton Point Apartments II | 933 Belt Ave | 314-361-3332 | 63112 |

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<http://www.211.org/>

Food Resources for 63112

| Facility Name | Address | Phone Number | Zip Code |
|--|--------------------|-----------------------|----------|
| University of Missouri Extension in St. Louis City | 5300 Delmar Blvd | 314-367-2585 | 63112 |
| Grace and Peace Fellowship | 5574 Delmar Blvd | 314-367-8959 | 63112 |
| Grace United Methodist Church | 6199 Waterman Blvd | 314-863-1992 | 63112 |
| Society of St. Vincent De Paul - St. Augustine | 1371 Hamilton | 314-289-6101 X1134 | 63112 |
| Society of St. Vincent De Paul - St. Roch | 6052 Waterman | 314-721-6340 | 63112 |
| Union Memorial United Methodist Church | 1141 Belt Ave | 314-367-8314 | 63112 |

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Medical Facilities & Clinic Resources for 63112

| Facility Name | Address | Phone Number | Zip Code |
|---|-----------------------------------|--------------|----------|
| Peoples Health Centers, INC | 5701 Delmar Blvd | 314-367-7848 | 63112 |
| Myrtle Hilliard Davis Comprehensive Health Centers, INC | 5471 Dr. Martin Luther King Drive | 314-367-5820 | 63112 |
| Sickle Cell Association | 5615 Pershing Ave Suite 29 | 314-833-6751 | 63112 |

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<http://www.211.org/>

Childcare Resources for 63112

| Facility Name | Address | Phone Number | Zip Code |
|---|-------------------------------|--------------|----------|
| Better Family Life, INC | 5415 Page Blvd | 314-454-0622 | 63112 |
| Coco's Kidz Early Childhood Development Center, LLC | 5654 Delmar Blvd | 314-361-0400 | 63112 |
| Franklin, Paula M | 5737 Bartmer Ave | 314-361-7064 | 63112 |
| Friendly Temple Child Development Center | 5508 Martin Luther King Drive | 314-367-9600 | 63112 |
| Good Shepherd Infant Toddler Center | 5990 Page Blvd | 314-725-5710 | 63112 |
| Juz Kidz Nursery & Preschool | 950 Laurel | 314-367-3977 | 63112 |
| Kidz Learning Zone, LLC | 5630 Theodosia Ave | 314-385-9559 | 63112 |
| Little Castle Home Daycare | 5358 Cote Brillante Ave | 314-361-2401 | 63112 |
| Little Explorers Learning Center LLC | 1397 Arlington Ave | 314-367-6697 | 63112 |

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<http://www.211.org/>

Childcare Resources for 63112

| Facility Name | Address | Phone Number | Zip Code |
|---|---------------------|--------------|----------|
| Neighborhood Houses @ SLACO Etzel Community Center | 5888 Plymouth Ave | 314-361-9406 | 63112 |
| Neighborhood Houses at Pierre Laclede Elementary School | 5821 Kennerly Ave | 314-278-9354 | 63112 |
| Set to Learn Child Care Home | 6021 Suburban Ave | 314-727-5043 | 63112 |
| Transformation Christian Preschool | 5890 Etzel Ave | 314-361-0710 | 63112 |
| Urban League of Metropolitan St Louis | 1437 Laurel St | 314-389-8800 | 63112 |
| Washington University Family Learning Center | 840 Rosedale Ave | 314-935-5437 | 63112 |
| Watson-Lumpkin, Shantelle | 1320 Blackstone Ave | 314-518-3629 | 63112 |
| We Still Believe | 931 Laurel St | 314-361-3038 | 63112 |
| YMCA-Monsanto Branch-Early Childhood Education Center | 5555 Page Blvd | 314-367-9309 | 63112 |

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City of St. Louis Department of Health
1520 Market St.
St. Louis, MO 63103



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Find us on Twitter:

[@CityofSTLDOH](https://twitter.com/CityofSTLDOH)



Visit us online:

<http://stlouis-mo.gov/government/departments/health>